



MEMO

To: CLA MA Executive & Technical Directors
From: Mike Marshall, Coaching Committee Chair
Date: Tuesday November 11, 2014
Re: Competitive Introduction Trained Requirements

Dear CLA Members,

The CLA Coaching committee recently met and the issue of concussions in sport was discussed. In recent years, there have been increased concerns on the impact of concussions in many sports and lacrosse is no different. In response to these concerns, the Coaching Association of Canada (CAC) has developed a free online educational tool called [Making Head Way](#). This tool is designed for coaches to gain the knowledge and skills required to ensure the safety of their athletes. Key components include: defining concussions, concussion symptoms, and the return to play protocol. It takes approximately 30-45 minutes to complete *Making Head Way*.

The CLA is committed to player safety and this includes following a recognized concussion protocol, such as *Making Head Way*. Therefore, as of October 1, 2014, the successful completion of the *Making Head Way* module is a requirement for a coach to receive trained status in competitive introduction (along with the clinic and coach workbook). Coaches who held trained status in competitive introduction prior to October 1, 2014 are **strongly encouraged** to also complete the *Making Head Way* module however it is not a mandatory requirement. Because *Making Head Way* is an NCCP-delivered activity or evaluation, it will count for 5 of the mandatory 20 PD points required for competitive introduction certified coaches to maintain certification.

Should you have any further questions, please do not hesitate to contact me directly or [Ashley](#) at the CLA.

Yours in lacrosse,

Mike Marshall
CLA Coaching Committee Chair